

Parrot Diet

Keeping parrots on the correct diets can be difficult but this info can help the parrot owner learn what and how to feed. We have kept and bred thousands of parrots over a course of 35 years. The research and success we have attained all comes from our experiences with correct feeding.



Bird and Parrot Diets

Lunch Time for our Breeding farm and babies here at Royal Bird Company



NOTE*** offering A piece of fruit or veggie to your bird daily is NOT nutrition. Also PROPER nutrition does not come in a paper or plastic bag of bird food, they need much more than that.

Like we say, If you cannot or will not keep the birds in the fashion they are used to, PLEASE do not try to purchase our birds.

This is just one of the mixtures for all our breeders and any babies weaning. Our diets focus on low fat and high proteins during the breeding seasons, We DO NOT feed such dangerous and stupid things like boiled and cooked eggs and meats, feeding such things is absolutely stupid and dangerous, and outdated.. In the past many people, and yes, including us, we and other breeders did this to offer a diet addition change other than just seeds, that was the dark ages, however in this day of advanced avian nutritional understanding there is no

reasoning for this, its a time bomb just waiting to go off if you try to feed those things.

We hear so many stories of people that have lost their birds to this and they all say the same thing...they say "We have fed eggs and meat for years and it never hurt them until now", well it only takes one time. Can you say SALMONELLA? why take such a chance.

We feed a low fat type mixture to most all birds however some birds such as greys and macaws get a more higher fat content food additions during the day such as whole seeds and a very wide variety of nuts for all macaws. Hyacinth macaws get fresh coconut and extra nuts, they need a slightly different diet for good health long term. All birds, breeders and babies get tropican granules and tropi mix daily, The tropican granules stays in front of them all day in separate dish., we pull all wet cooked mixtures after a hour or so, in hot weather we will remove earlier.

In the picture above, we have cooked beets(notice the red color), cooked beans and lentils 12 different types, soaked and cooked whole corn, brown rice, steamed carrots, sweet potato, and the green carrot tops, beet stems and tops, cucumber diced up small cubes, diced apples, sprouts of many grains. As we cook the beans, we add the whole beet roots to the cooking bean pot for about 15 minutes, after the water starts turning purple from the beet juice we remove the whole beets, turn off the beans and let them soak up the high nutrient beet juice, we dice the beets into small cubes, we add the steamed rice, beans and lentils, all the fresh diced stuff, cucumber, carrots ,beet tops carrot tops and apples. everything will be purplelish, they love it. This is just one of the mixtures our birds get here, what did your birds eat today? What have you eaten today?

You do not have to have every ingredient that we have prepared, but the more variety the better, and the more colorful the diet the better it is, also remember this, warm foods are more accepted than cold foods from the fridge, let apples be at least room temp, the worst thing to do, is when trying to get your birds to try new things is for them to try something COLD.

Proper Nutrition starts with you, the responsible bird owner, when people tell us that they cannot get their birds to eat correctly or will not eat new things, we just cannot understand this,

Parrots will adapt to any diet if the human will take the time to feed it correctly and train the birds to eat what you give them, for example. We have purchased birds from people to use as breeding stock, these birds were adult pets, or they have been breeders for another person for many years eating only certain foods and we were told that these birds would only eat certain foods, WELL, within a very very short time, maybe a week , we can have them eating our diets. Do not give up, keep trying.

On babies that are weaning, right after handfeeding, we offer this cooked foods in a dish and they seem to pick through it and eat and this is a good way to get them used to eating new things, Right after handfeeding, the babies foraging feeding urge is stimulated and still strong so they will really love the warm cooked foods in front of them even after they have already been handfed, they want to forage through bowls with foods.

****Updated jan 1-2019 from RBC diet research**

We have come to the conclusion from years of on grounds research that using a good clean parrot mixture daily supplement will benefit the birds socially, mentally, emotionally and physical health will improve greatly. We give a small amount of a good mixture to each pair of breeders and we give all weaning babies a small separate dish of unhulled seeds along side other dishes of complete diets as discussed in this booklet.

Offering a piece of apple every now and then is not correct feeding, The birds need a rounded diet along with the pellets and tropimixes. Do not get started feeding huge amounts of fruits and veggies, or the protein off balance will soon set in, there has to be balance, by feeding a wide variety of food stuffs one is more able to keep the diet a healthy balanced mix. The idea that large amounts of fruits and veggies is the way to go is just plain wrong, what do you eat when you want to lose weight??? Fruits and veggies are 90%water and 10% nutrition. BALANCE is key. When i speak to people that have owned birds for awhile, all of sudden they are nutrition experts, telling me how good they feed their birds and they go over a whole list of things they feed, Actually as they tell me what they feed and how wonderful diet they are feeding, i see where their problems are. Feeding an apple and grapes is not balanced nutrition, they go on and tell me about the boiled eggs, meats and other things they feed that they think is just wonderful, When i tell them about the possible dangers, the answer is always the same, well, i have not had a problem yet they say. I ask them why are they feeding the items they are feeding. They do not know, they just say thats what someone ntold them to do. There is reason for every item we feed, protein, carb,fats,etc. and there is good safety logical reasons we DO NOT feed the things we do not feed, why take such a stupid chance. and the nutrition from this is questionable. There is so many things one can feed that are better and safer and have much more nutrition for the bird in the long term, Birds cannot live by eating foods just out of a bag, and neither can you. And offering a piece of fruit or a piece of carrot and saying well, i offered it something but they wouldn't touch it, this is just not acceptable. Is this the way you teach your child to eat. Also by keeping the foods that your birds are stuck on in front of them in bowls day in and day out will not help you teach your birds to try new things. They are never hungry and will not even try, why would they? By trying different things at the time when your birds are expecting their foods because the bowls have been empty for a short while may encourage them to eat what they maybe would never even try. When you are hungry would you try something

new? Many people think that by not keeping food in front of their birds is not good and cruel, well, its the opposite, where in the natural wild world would a bird in their native habitat ever have unlimited sources of food sitting right next to them every day all day all the time? The news is this,,,birds need to get hungry, this sets off important enzymes that flood their crops to cleanse and encourage foraging to find foods, its natural and very healthy, birds and people just sitting and having foods in front of them all the time is not healthy mentally or physically. Birds in pet homes sitting in their small cages need stimulation, through foods, exercise, sounds and sights. When food is not exciting and the bird is not really hungry for it, they get bored with everything foods they see.

We have evolved through many diets and we have found that a very nutrient filled mixture is always the way to go compared to an ALL pellet diet, Its all in the presentation, variety is the key.

The days of pouring some seeds into a dish and that is what your bird eats are gone and thank god for that. Diet research has come a long way and the birds will benefit greatly. If and only if you use the new research and feed your birds correctly. Today, we take the time to create a very nutrient filled exciting diet several times daily.

We give a complete diet instruction paper with each baby we sell.

PLEASE READ IT and understand it, use some common sense.

And YES, it takes some time to properly feed your bird and yes you should take the time to do it right, many people may prepare some mixtures and freeze them and then bring out small portions when needed and warm and serve. We do our best to make sure you get all the educational info you need to keep your bird healthy. USE IT.

Things not to feed; chocolate, avocado, soda drinks, alcohol, tobacco, meat, egg, raw peanuts in shell, iceberg lettuce, etc. use some common sense.

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www.royalbirdcompany.com

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